

The Women's Treatment Center



Mending The Bonds...

ANNUAL REPORT 2005



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www.womenstreatmentcenter.org

MISSION STATEMENT

To provide women with a continuum of care, recovery tools, and parenting skills to maintain a sober lifestyle as they rebuild their lives and their futures, and mend the bonds with their families.

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Dear Friends of TWTC:

We are pleased to present our 2005 Annual Report, which provides an overview of our programs and activities during the period of July 1, 2004, to June 30, 2005.

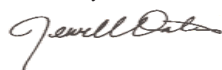
FY2005 was a year of change and accomplishment for The Women's Treatment Center, as we continue to meet our mission of providing women with a continuum of care, recovery tools and parenting skills to maintain a sober lifestyle. In this challenging fiscal environment, we have broadened our base of support to include a wide range of public and private foundations and donors. We are pleased to report that in FY2005, we more than doubled the number of foundation grants we received, bringing into our family of supporters such funders as The Chicago Foundation for Women, Ronald McDonald House Charities, and the W.P. and H.B. White Foundation, among others.

In this past year, we have continued to maintain high-quality service delivery, as demonstrated by the renewal of our accreditation by the Joint Commission on Accreditation of Health Care Organizations for a fourth three-year period. According to the JCAHO surveyor, we scored in the top 2% of similar agencies.

We also maintained a high level of national and international visibility, with visits to the Center from Drug Czar John P. Walters and treatment experts from Russia, China and England. Additionally, Dr. Oates testified about TWTC's programs before the Congressional Families, Drug Addiction and Family-Based Treatment Panel sponsored by Senators Brownback and Durbin.

At TWTC, it is the continuum of care we give to our women, their children, and their families that makes a positive difference to our clients and our communities. On behalf of our women, children and staff, we thank you for your support this year. Together, we've changed a lot of lives for the better.

Sincerely,



Jewell Oates, Ph.D.
Executive Director



Andrea S. Kramer
Chair, Board of Directors

TWTC CLIENTS IN FY2005

Women Served: 1,471

Children Served: 304

Profile of Adult Clients

Race/Ethnicity:

African American: 83%

Caucasian: 12%

Hispanic: 5%

Where They Live:

Cook County: 72%

Collar Counties: 23%

Rest of IL: 5%

Education:

0-8th grade: 5%

9th-12th: 30%

Finished High School: 34%

Beyond High School: 19%

Primary Drug of Choice:

Heroin/Opioids: 63%

Cocaine/Crack: 22%

Alcohol: 8%

All Other Drugs: 6%

TWTC Staffing in FY2005

Type of Staff:

Full-Time: 122

Part-time: 16

Race/Ethnicity:

African American: 91%

Caucasian: 7%

Hispanic: 3%

“When I came to TWTC, I was so scared... I was tired of getting high, I wanted to get off drugs, but I didn't think I could stay clean, I thought it was impossible. But I took suggestions, took the tools they gave me and used them. I had good counselors and the one-on-one sessions helped me get through.”

Sequita H.

TWTC Star in 2005, clean and sober since 1995

PROGRAMS AND SERVICES FOR WOMEN

Research has determined that a sustained period of substance abuse treatment will enhance the ability of women in recovery to make lasting changes in their lives.

In response, TWTC can provide services to a family for a two-year period. This time frame is possible through a continuum of care design that allows women to make

lifestyle changes that can sustain them throughout recovery.

Each of our on-site programs and support services offers a different level of care.

"When I first came to the Women's Treatment Center, there were only three programs in the building: detox, residential, and recovery home. Dr. Oates had a vision for The Women's Treatment Center that it become a one-stop center to meet every need of the women and child. At the time, I was skeptical about a center being able to help me and my needs, including my children. What I have walked away with from The Women's Treatment Center is to have a vision and be a visionary. Now The Women's Treatment Center has 10 programs that meet all the needs of women and children."

Joyce M.
TWTC Star in 2002, clean and sober since 1992

Medically Monitored Detox Unit

In FY2005, 1151 women were admitted to Detox.

TWTC's **Detox Unit** is one of two free-standing medically monitored detoxification units in Chicago.

Our **Detox Program** is designed to provide medical care to ensure a safe withdrawal process.

The patient's medical care is monitored

by the Unit Physician and Nursing Staff.

Clients may be prescribed medication to help alleviate physical discomfort during detox. The unit is staffed seven days a week, 24 hours a day by Nursing and Clinical Staff.

The **TWTC Detox**

Unit is comprised of 16 beds. Clients stay in **Detox** for seven to ten days. If a woman brings a child with her, the child is placed in Nana's Crisis Nursery until the mother is well enough to care for her child. This removes a major barrier to seeking treatment

"Thanks to Detox for accepting me and having a bed available for me during the time of my need. TWTC was different than the other options I had. I could be treated with my child, who could stay at the Crisis Nursery while I detoxed. If TWTC hadn't been there, I'd still be out there, because I couldn't leave my baby. Thank the staff for being so loving, patient, and tolerant. Thanks to Dr. Oates for believing in me, when at first, I couldn't/didn't believe in myself. I believe in myself now. I love TWTC."

Felisa L.

TWTC Star in 2002, clean and sober since 1996

RESIDENTIAL TREATMENT PROGRAMS

In FY2005, 633 women went through TWTC's Residential Programs.

What sets TWTC apart from other treatment facilities is our ability to accommodate children up to age 5 in treatment with their mothers. Research shows that women will stay in treatment longer and stay sober longer if their children are with them in treatment.

Residential Treatment, where women can stay for up to 90 days, is a critical

component of TWTC's continuum of care. It gives women the chance to participate in a treatment program for an extended period of time.

Over the course of their stays, women receive group and individual counseling that addresses topics such as recovery skills, medical and psychological problems, domestic violence and parenting.

TWTC has four **residential treatment units** -- two for women who have children with them at TWTC and two for women who do not. Pregnant women, a priority population for TWTC, can be admitted to any unit until the baby is born.

Mothers in our programs for women with children participate in parenting and daycare programming.

"TWTC changed my behavior and thinking as it pertained to how I viewed myself and using drugs. I was nurtured, loved, and supported back to health, mentally, physically and emotionally. I learned how to be a parent, and to take a holistic approach to raising my daughters. I've been married to a wonderful man for six years and I'm attending seminary. I thank God for TWTC, its loving staff saved my life. I am at peace in my life now."

Tara R.

TWTC Star in 2002, clean and sober since 1997

TRANSITIONAL LIVING AND OUTPATIENT PROGRAMS

*In FY2005, 191 women lived at TWTC's Recovery Home and Madison Place.
661 women participated in TWTC's Outpatient Programming.*

TWTC has two transitional living units, **Recovery Home** and **Madison Place**.

Recovery Home, located within our main building, is the turning point in our continuum of care. Here a woman moves from a tightly structured treatment day to having more time on her own. Here she begins to use the sobriety tools she has learned in residential treatment.

While in recovery, the women attend out-

patient programming. TWTC offers four levels of outpatient programs: Intensive Outpatient, Project Futures, Medication-Assisted Therapy and Outpatient.

In addition to outpatient treatment, women also focus on other needs, such as education, employment and housing, to begin the process of reintegrating back into their homes, families and communities.

Madison Place is a secure apartment-living facility for women who have completed treatment and **Recovery Home**. Women admitted there are in the last phase of the continuum of care. These women are either in school, in training programs, or working. They are maintaining a household and parenting their children, all in preparation for returning to the community as productive members of society.

“While I was at TWTC, they linked me to an employment program. Nine years later, I’m still working at the same place they first put me - a major taxi company. Now I’m the manager and I’m responsible for training 5,000 drivers every year. I’ve got my seven kids back, I’ve paid back all my debts, and in 2001, I bought my own home, a 10-room house in a good neighborhood. And I make a point of passing on what I learned in recovery to my kids every day.”

Susie T.

TWTC Star in 2005, clean and sober since 1994

PROGRAMS FOR SPECIAL POPULATIONS

The IL Dept. of Corrections Program is an Illinois community-based alternative-to-prison program for women. It provides outpatient treatment, parenting skills and education, case management referral, and medical monitoring to inmates who are mothers with infants and young children and

who have less than two years to serve for non-violent offenses.

These inmates are transported to TWTC's Recovery Home and stay with us until their sentences are completed.

The Parents and Children Together (PACT) Program* started with a federal grant in 2002. It is a program that helps

incarcerated mothers stay involved in their children's lives. Using videoconferencing technology to connect them in real time, PACT gives mothers in Decatur Correctional Center the chance to visit with their children in Chicago, help with school work, and renew the bond that these families need to stay strong.

*This project was supported by Grant #03-DB-BX-0037, awarded by the Corrections Program Office, Office of Justice Programs, U.S. Department of Justice, through the Illinois Criminal Justice Information Authority. Points of view or opinions contained within this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice, or the Illinois Criminal Justice Information Authority.

“Before I came to TWTC , I was in and out of jail, couldn't keep a job, and I was doing things I never thought I'd do. I knew I had to live better than what I'm doing. I wanted desperately to change for my son, who was living with my aunt. Today I realize it took people outside of my family to see something in me. I got my relationship with my son back. When you get better, your family gets better.”

**Pamela P.
TWTC Star in 2005, clean and sober since 2001**

Programs and Services that Help Stabilize Families

Research has established that treatment outcomes are further enhanced when women can bring their children with them into the treatment facility. Women with children often do not remain in residential drug abuse treatment because facilities lack accommodations for children to reside with their mothers there.

At TWTC, just as we provide mothers in treatment with high quality services, we also provide them for their children.

One such program is **Nana's Crisis Nursery**, which provides 24-hour care for children whose mothers are temporarily unable to parent them

during treatment.

When the Detox Unit at TWTC opened, nurses observed that women were very concerned about their children. In some cases women had put off treatment because there was no one there to care for their children. In other cases, women left their children home alone and told them not to open the door until they returned from detox. These women would confide their fears to the nurses late at night.

Now, mothers in detox can still see their children daily in **Nana's Crisis Nursery**. Just as important, the children can see that their mothers have not dis-

appeared.

Nana's Crisis Nursery also cares for newborns and premature infants whose mothers may have just come into treatment and may not be able to immediately care for their children.

In FY2005, one of the nursery's biggest supporters passed away. Myrtle Dubroff was the grandmother of our Board Chair, Andrea Kramer and a beloved friend to TWTC. In her memory, we have renamed the unit **Nana's Crisis Nursery**. Mrs. Dubroff's friends have donated more than \$7,000 to honor her passion for TWTC's children.

PARENTING, DAYCARE AND PRE-K PROGRAMS

The Women's Treatment Center has developed an array of programs to support the care and development of children who are in residence with their mothers. The most crucial of these is the **Parenting Program**. The services it provides lay the foundation to protect these children against future abuse and neglect.

The goal of the Parenting Program is to strengthen and improve the parenting skills and the bond between mother and child.

Parenting education and support services are provided in many ways to help mothers interact and communicate in developmentally appropriate ways with their young children.

The Infant/Toddler Daycare Program provides services to children between the ages of six weeks and three years whose mothers are in treatment, going to school or working. It provides developmental screening and early intervention services, as well as individualized

educational plans.

In addition to giving mothers a safe place to leave their children while working on recovery, we also have the expectation that mothers will volunteer for a minimum of one hour a week in their child's classroom and serve as chaperones on any field trips. Fathers are also welcome.

In collaboration with Chicago Public Schools, TWTC has a **Pre-kindergarten Program** which ensures that our 3 and 4 year olds are ready to enter school.

“My experience at TWTC changed my life. I received custody of both children while participating in residential treatment. I also attended outpatient and parenting classes and learned valuable lessons while bonding with and nurturing my children. My daughter was 4 months old and my son was two years old when I began treatment. They don't remember being separated from me. Today, my kids think that I'm a great mom and I wouldn't have it any other way.”

Ceandra D.
TWTC Star in 2002, clean and sober since 1994

TWTC'S SUPPORTERS

Government Sources

Illinois Department of Human Services, Division of Alcoholism and
Substance Abuse

Illinois Department of Children and Family Services

Illinois Department of Corrections

DuPage County

Foundations

The Chicago Foundation for Women

The Chicago Tribune Holiday Fund, Robert R. McCormick Tribune
Foundation

The Joseph Kellman Family Foundation

The Mazza Foundation

The Ronald McDonald House Charities

The W.P & H.B. White Foundation

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THE WOMEN'S TREATMENT CENTER
STATEMENTS OF ACTIVITIES
for the years ended June 30, 2005 and 2004

	<u>2005</u>	<u>2004</u>
Revenues, gains and other support:		
Illinois Department of Human Services-DASA	\$ 6,781,042	\$ 6,656,422
Illinois Department of Human Services-DASA-Medicaid	1,226,817	1,330,723
Illinois Department of Children and Family Services	405,919	709,945
Cook County		257,854
Illinois Department of Corrections	403,286	421,342
Contributions	203,675	151,772
Special events, net of direct benefits to donors of \$18,137 and \$35,771	80,192	131,420
Revenue from operations	5,297	8,219
Rental income	169,335	164,402
Other income	<u>238,107</u>	<u>160,150</u>
Total revenues, gains and other support	<u>9,513,670</u>	<u>9,992,249</u>
Program services expenses:		
DASA Global	6,688,951	6,294,417
DASA Child Component Global	1,304,963	
Crisis Nursery	342,910	340,067
Methadone	140,029	186,440
Child Component - Residential Rehab I		283,694
Child Component - Residential Rehab III		365,960
Child Component - Recovery Home		197,330
Child Component - Madison Place		259,906
Screening Brief Intervention Referral to Treatment	2,575	3,368
Daycare	217,992	411,371
Family Life	97,825	109,237
MOMS		375,784
PACT	34,387	107,770
Project Futures	116,765	162,080
Department of Correction Recovery Home	<u>117,557</u>	<u>101,829</u>
Total program services expenses	9,063,954	9,199,253
Supporting services expenses:		
Management and general	234,048	182,397
Fund raising	<u>126,055</u>	<u>134,266</u>
Total expenses	<u>9,424,057</u>	<u>9,515,916</u>
Change in net assets	89,613	476,333
Net assets, beginning of year	<u>3,433,979</u>	<u>2,957,646</u>
Net assets, end of year	<u>\$ 3,523,592</u>	<u>\$ 3,433,979</u>

The accompanying note on the next page is an integral part of this financial statement.

Note: The programs included in the DASA Global programs may vary from year to year based on DASA's Decisions regarding program funding. The programs included in Global program services in 2005 and 2004 are:

- Residential Rehab III
- Detox
- Residential Rehab II
- Residential Rehab I
- Residential Rehab IV (2005 only)
- Intensive Outpatient
- Outpatient
- Recovery Home
- Madison Place

In 2005, programs included in the DASA Child Component Global programs are:

- Residential Rehab III
- Residential Rehab I
- Recovery Home
- Madison Place

The programs were funded separately in 2004.

The Women's Treatment Center is audited by Scanlon & Mathews LLP, certified public accountants. The audited financial statements are available upon request from TWTC.